## **Guide to Limited FSAs**



A Limited Medical Flexible Spending Account (Limited FSA) allows you to purchase eligible out-of-pocket dental, vision and/or preventive care expenses with pre-tax dollars. You save money because you don't pay taxes on the money you set aside. It's a great perk from your employer and it will save you money.

Limited Medical FSA Eligible Expenses		
Dental	Vision	Preventive
Dental treatment	Vision correction procedures (e.g. Lasik)	Annual physicals
Dental co-insurance/co-pays/deductible	Eye exams	Screenings (e.g. Lifeline)
Cleanings	Prescription glasses and sunglasses	Tobacco cessation programs (with Rx)
Fillings	Contact lenses	Some weight loss programs (with Medical Necessity Form)
• Crowns	Contact solutions/cleaning products	Immunizations
Orthodontics	Vision screenings	Birth control (with Rx)
• Dentures	Refractions	Flu shots
Denture adhesive and cleaners	Eye drops	Well child/prenatal visits

<sup>\*</sup>Preventative care generally does not include any service or benefit intended to treat an existing illness, injury or condition.

## **Ineligible Expenses**

- Medical co-insurance/co-pays/deductible
- Medical expenses
- Mental health expenses
- Chiropractic expenses
- Cosmetic services

- Most over-the-counter drugs
- Prescription co-insurance/co-pays
- Toothbrushes
- Insurance premiums